

"Everyone needs someone to talk to"

Client Self Report Form

Please complete this entire form. It provides essential details to be used in providing and evaluating the quality of client care provided to you by this office. It is appreciated that you do not leave any blanks. *Please be honest we are here to help you, not judge you.*

Today's Date:		
Client Information:		
Name:	DOB:	Age:
Address:		
Phone Number(s): (home)	(cell)	
**Is it ok to leave messages on yo	ur answering machine or v	oice mail? Yes or No
Email address:		
Emergency Contact(s):		
Name:	Relationship:	
Phone Number(s):		
Name:	Relationship:	
Phone Number(s):		
How did you hear about us?		

Personal and Family

Last year of school completed: 9, 10, 11, 12, GED College: 1, 2, 3, 4			
Marital Status: single, engaged, never married, widowed, separated, divorced, living			
together without marriage			
If married spouse name: Are you happy in this marriage? Yes No Somet			
Any prior marriages for spouse? Yes or No if yes how many?			
Do you have children? If so how many?			
Ages: Do they live with you?			
What are your child(ren) names:			
Counseling History			
Have you ever had counseling for any reason? Yes or No			
What was the reason?			
How long? Who was your counselor?			
Are you presently working with any other Counselor or Psychologist? Yes or No			
Are you currently involved in a support group? Yes or No			
Briefly state the nature of the problem as you see it:			
What do you want to gain from counseling?			
Are you saved? Yes, No, not sure			
What is your religious preference?			
Church Affiliation			
How often do you attend church? always, often, seldom, a few times a year			
How strong is the influence of your church in your life?			
How is your spiritual life?			

Medical Information

Family Physician	Psychiatrist
Are you taking any prescription of	drugs? Yes or No- If yes please state the reason why?
Please list the drugs:	
Who prescribed them:	
How often do you see this docto	r?
Have you ever been hospitalized	d for mental illness or substance abuse? Yes or No
How long were you in treatment	? How long ago
Imp	eact of Life Circumstances
Circle any Losses that you have	e experienced?
Death of: spouse, child, father, r	nother, sister, brother, grandmother, grandfather, friend.
Other: Divo	orce, separation, broken engagement, suicide attempt,
miscarriage, abortion, infertility,	bankruptcy, homelessness, employment, serious
illness, foreclosure, other:	
Circle any Victimizations you h	nave experienced or been involved with:
Child Abuse: physical, emotiona	I, sexual, incest, other.
Spouse Abuse: physical, emotio	nal, sexual, other
Abandonment, rape, robbery, as	sault, suicide attempt, auto accident, surgery, physical
disability, alienation, other	·
Circle any Problems that conce	ern you now:
relationship(s) with: Spouse, chi	ldren, parents, in laws, co-workers, friends, alcohol,
illegal drugs, prescription drugs,	binge eating, excessive dieting, excessive shopping,
gambling, work too much, procra	astination, communication issues, depression, anger,
stress, anxiety, grief, gender ide	ntity, sex, career, loneliness, mood swings, self esteem,
co-dependency, fear, feelings at	bout church or God, feel lost (need direction), Other:

Intense Emotional Distress

Are you currently
Having suicidal thoughts, plans, attempts? Yes or No
Having homicidal thoughts, plans, attempts? Yes or No
Desire to cause pain to self or others? Yes or No
In fear for your life or personal safety? Yes or No
Too depressed to care for yourself or family? Yes or No
In signing below, I affirm that the information given on this form is true and complete
Client Name (printed)
Client Signature
Date: